

Thinking for Clinicians

Psychotherapy in a Socratic Spirit



A Workshop with Donna Orange

Overview: In this workshop Donna will be drawing from the content of her latest book in which she has offered the readers a thoughtful, clear, accessible and illuminating exploration of how some of the great philosopher's of the 20th century have influenced our thinking and clinical perspectives.

The aim of this workshop will be to provide clinicians with tools and context for thinking about psychotherapeutic work and theories. The central idea that Donna will be presenting is that thoughtful psychoanalysts and humanistic clinicians are practicing philosophers; always engaged in thinking about what we are doing and by engaging in dialogue with great philosophers we further the vital and necessary endeavour of thinking and questioning ourselves and our work. If we as clinicians do not engage we remain captives in an unexamined life, caught in unexamined assumptions in our thinking and practice.

Ideas:

Donna will be presenting the following five reasons why, as clinicians, we need to care about thinking:

- Shame
- Resisting cults
- Helping us to notice
- Keeping us clinically creative
- Loosening the grip of automaticity

Learning Outcomes:

With a hermeneutic sensibility this workshop will offer the opportunity to explore topics influenced by the thinking of the humanistic philosophers and the context to their ideas. These topics will include dialogic encounter (M. Buber), contextual thinking and practice (L. Wittgenstein), embodied intersubjectivity and skilled coping (M. Merleau-Ponty), response to the suffering of the other (E. Levinas), and dialogic understanding via the encounter with the past (both the personal and the shared tradition (H. Gadamer).

This workshop will be rewarding as well as challenging; a valuable experience for clinicians of all therapeutic stances to better their understanding of the philosophical basis of contemporary psychoanalytic and humanistic theory and practice.

'The unexamined Life is not worth living' Socrates

Facilitator

Donna Orange is Faculty, Training, and Supervising Analyst at Institute for the Specialisation of Relational Psychoanalytic Psychology in Rome, as well as faculty and supervising analyst at The Institute for the Study of Subjectivity in New York.

Donna has co-authored two works, ***Working Intersubjectively: Contextualism in Psychoanalytic Practice***, with G. Atwood and R. Stolorow, Hillsdale, NJ: The Analytic Press, 1997 and ***Worlds of Experience: Interweaving Philosophical and Psychoanalytic Considerations***, with R. Stolorow and G. Atwood. New York: Basic Books, 2002. She has also authored on her own, ***Emotional Understanding: Studies in Psychoanalytic Epistemology***, New York: Guilford, 1995 and ***Thinking for Clinicians: Philosophical resources for contemporary psychoanalysis and the humanistic psychotherapies***, New York, Routledge, 2009.

General Information

Participants: Limited to 60

Venue: Northcote Town Hall, 1st Floor Room 2a | 189 High Street | Northcote 3072 | Melbourne | Victoria

Dates: 8th July 6-9pm & 9th July 9.30-5.30pm 2010

Fee: \$450* (inclusive of GST) public

\$410* (inclusive of GST) (early bird paid in full by 8/5/10, current GANZ members & GTA students)

*Fee includes tea, coffee and lunch. Please inform us of any dietary requirements.

Deposit: \$150 with registration form

Contact: Theresa Roa (GTA Office Manager) 03 9489 6300 or gta@ozonline.com.au

How to register

Fill in the registration form located on our website www.gestalt.com.au and return with your deposit to secure a place in the workshop